# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

**Coachinfo: Warming up from: 07:30 untill 08:20. Teamleadmeeting @ The listed starttimes are indicative!**

**Coaches: Splets Myriam**

**Coaches: Theunissen Davey HEADCOACH**

**Coaches: De Wit Tessa**

**PB => Personal Best time** **SB => Seasons Best time: Season starting point: first of September.**

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## Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:1, starttime: 08:30

**Heat: 1/3 Lane : 3 Athlete: VERSCHAEREN JESPER** — **Q-time: 99:99:99**

**PB (25m pool):** no time **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:2, starttime: 08:34

**Heat: 2/3 Lane : 7 Athlete: ARNOL BUSERO VANDEN BOS LINA** — **Q-time: 99:99:99**

**PB (25m pool):** no time **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:3, starttime: 08:39

**Heat: 3/3 Lane : 2 Athlete: KILIC EYMEN** — **Q-time: 03:32:81**

**PB (25m pool):** 03:32.81 De Sprink Bree 30/05/2026 **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:49.41 | | no time | | no time | | 03:32.81 |
| | | *00:49.41* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:3, starttime: 08:39

**Heat: 3/3 Lane : 3 Athlete: JANSSEN FéLINE** — **Q-time: 03:24:23**

**PB (25m pool):** no time **PB (50m pool):** 03:24.23 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:3, starttime: 08:39

**Heat: 3/3 Lane : 4 Athlete: TIELENS VALERIE** — **Q-time: 03:21:39**

**PB (25m pool):** 03:21.39 De Sprink Bree 30/05/2026 **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:44.37 | | no time | | no time | | 03:21.39 |
| | | *00:44.37* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:3, starttime: 08:39

**Heat: 3/3 Lane : 6 Athlete: MEYERS TRAPMAN SANDER** — **Q-time: 03:24:30**

**PB (25m pool):** 03:30.62 Bree 21/12/2025 **PB (50m pool):** 03:24.30 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:51.89 | | no time | | no time | | 03:30.62 |
| | | *00:51.89* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:3, starttime: 08:39

**Heat: 3/3 Lane : 7 Athlete: TIRI LILY** — **Q-time: 03:36:09**

**PB (25m pool):** 03:36.09 Bree 21/12/2025 **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:53.34 | | no time | | no time | | 03:36.09 |
| | | *00:53.34* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:1, starttime: 08:43

**Heat: 1/13 Lane : 7 Athlete: RENETTE LENA** — **Q-time: 99:99:99**

**PB (25m pool):** 03:36.47 De Sprink 23/12/2023 **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | 03:36.47 |
| | *no time* | | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:2, starttime: 08:48

**Heat: 2/13 Lane : 2 Athlete: MOONS CHARLINE** — **Q-time: 99:99:99**

**PB (25m pool):** no time **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | *no time* | | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:2, starttime: 08:48

**Heat: 2/13 Lane : 8 Athlete: OOMS CéLIA** — **Q-time: 99:99:99**

**PB (25m pool):** no time **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | *no time* | | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:3, starttime: 08:53

**Heat: 3/13 Lane : 2 Athlete: FREDERIX MAYA** — **Q-time: 99:99:99**

**PB (25m pool):** 02:57.50 3500 Hasselt 24/11/2024 **PB (50m pool):** 03:05.14 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:39.89 | | 01:25.74 | | 02:12.56 | | 02:57.50 |
| | *00:39.89* | | *00:45.85* | | *00:46.82* | | *00:44.94* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:4, starttime: 08:58

**Heat: 4/13 Lane : 5 Athlete: SWINNEN PAULIEN** — **Q-time: 99:99:99**

**PB (25m pool):** no time **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | *no time* | | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:5, starttime: 09:03

**Heat: 5/13 Lane : 3 Athlete: SIMONS FENA** — **Q-time: 04:02:84**

**PB (25m pool):** 04:02.84 Aarschot 26/04/2026 **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:54.66 | | 01:56.81 | | 03:00.60 | | 04:02.84 |
| | *00:54.66* | | *01:02.15* | | *01:03.79* | | *01:02.24* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:7, starttime: 09:13

**Heat: 7/13 Lane : 3 Athlete: POEL OONA** — **Q-time: 03:34:18**

**PB (25m pool):** no time **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | *no time* | | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:7, starttime: 09:13

**Heat: 7/13 Lane : 4 Athlete: ARDU PEPPA JOLENE** — **Q-time: 03:33:92**

**PB (25m pool):** 03:33.92 Hasselt 04/05/2025 **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:48.31 | | 01:43.32 | | 02:39.56 | | 03:33.92 |
| | *00:48.31* | | *00:55.01* | | *00:56.24* | | *00:54.36* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:9, starttime: 09:21

**Heat: 9/13 Lane : 5 Athlete: CLAESKENS LINA** — **Q-time: 03:18:49**

**PB (25m pool): 03:18.49 Bilzen 12/01/2025** **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:44.71 | | 01:34.96 | | 02:26.93 | | 03:18.49 |
| | | *00:44.71* | | *00:50.25* | | *00:51.97* | | *00:51.56* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:9, starttime: 09:21

**Heat: 9/13 Lane : 7 Athlete: MOONS AURéLIE** — **Q-time: 03:19:97**

**PB (25m pool): no time** **PB (50m pool):** 03:19.97 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:9, starttime: 09:21

**Heat: 9/13 Lane : 8 Athlete: MEYERS TRAPMAN ANNALINA** — **Q-time: 03:20:67**

**PB (25m pool): 03:20.67 Aarschot 26/04/2026** **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:44.95 | | 01:36.19 | | 02:28.57 | | 03:20.67 |
| | | *00:44.95* | | *00:51.24* | | *00:52.38* | | *00:52.10* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:10, starttime: 09:25

**Heat: 10/13 Lane : 4 Athlete: BEERTEN FLORENCE** — **Q-time: 03:08:78**

**PB (25m pool): 03:08.78 Bree 21/12/2025** **PB (50m pool):** 03:12.00 **SB:** 03:08.99 Hasselt 04/10/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:42.42 | | 01:31.64 | | no time | | 03:08.78 |
| | | *00:42.42* | | *00:49.22* | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:10, starttime: 09:25

**Heat: 10/13 Lane : 7 Athlete: BREBELS MAARTJE** — **Q-time: 03:14:50**

**PB (25m pool): 03:19.12 Bilzen 12/01/2025** **PB (50m pool):** 03:14.50 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:44.14 | | 01:34.82 | | 02:27.11 | | 03:19.12 |
| | | *00:44.14* | | *00:50.68* | | *00:52.29* | | *00:52.01* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:10, starttime: 09:25

**Heat: 10/13 Lane : 8 Athlete: MOORS NORA** — **Q-time: 03:15:18**

**PB (25m pool): 03:22.57 3500 Hasselt 23/11/2025** **PB (50m pool):** 03:15.18 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:45.12 | | 01:38.92 | | 02:33.19 | | 03:22.57 |
| | | *00:45.12* | | *00:53.80* | | *00:54.27* | | *00:49.38* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:11, starttime: 09:29

**Heat: 11/13 Lane : 7 Athlete: LIMONTA-SCULL OFELIA** — **Q-time: 03:05:92**

**PB (25m pool): 03:05.92 Bree 21/12/2025** **PB (50m pool):** 03:08.48 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:41.73 | | 01:29.56 | | no time | | 03:05.92 |
| | | *00:41.73* | | *00:47.83* | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:11, starttime: 09:29

**Heat: 11/13 Lane : 8 Athlete: VREYS ANSE** — **Q-time: 03:08:22**

**PB (25m pool): 03:08.22 Hasselt 12/10/2025** **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:42.58 | | 01:31.07 | | 02:20.56 | | 03:08.22 |
| | | *00:42.58* | | *00:48.49* | | *00:49.49* | | *00:47.66* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:12, starttime: 09:32

**Heat: 12/13 Lane : 4 Athlete: MOORS YANA** — **Q-time: 02:56:42**

**PB (25m pool): 02:56.01 De Sprink 22/12/2024** — **PB (50m pool):** 03:01.65 **SB:** 02:58.56 Hasselt 04/10/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:39.84 | | 01:25.54 | | no time | | 02:56.01 |
| | | *00:39.84* | | *00:45.70* | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:13, starttime: 09:36

**Heat: 13/13 Lane : 1 Athlete: ENGELEN FLOOR** — **Q-time: 02:53:75**

**PB (25m pool): 02:53.75 3500 Hasselt 23/11/2025** — **PB (50m pool):** 03:05.36 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:39.84 | | 01:24.20 | | 02:09.65 | | 02:53.75 |
| | | *00:39.84* | | *00:44.36* | | *00:45.45* | | *00:44.10* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:13, starttime: 09:36

**Heat: 13/13 Lane : 5 Athlete: POEL MAREN** — **Q-time: 02:47:09**

**PB (25m pool): 02:47.09 Temse 17/11/2025** — **PB (50m pool):** 02:51.12 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:37.52 | | 01:20.44 | | 02:04.12 | | 02:47.09 |
| | | *00:37.52* | | *00:42.92* | | *00:43.68* | | *00:42.97* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 2: 200M BREASTSTROKE WOMEN 11+ — Heat:13, starttime: 09:36

**Heat: 13/13 Lane : 6 Athlete: VANHEES ELLA** — **Q-time: 02:48:27**

**PB (25m pool): 02:48.27 3500 Hasselt 23/11/2025** — **PB (50m pool):** 03:11.47 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:38.16 | | 01:20.56 | | 02:04.38 | | 02:48.27 |
| | | *00:38.16* | | *00:42.40* | | *00:43.82* | | *00:43.89* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:2, starttime: 09:45

**Heat: 2/9 Lane : 1 Athlete: GRIETEN ARTHUR** — **Q-time: 99:99:99**

**PB (25m pool): no time** — **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | *no time* | | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:2, starttime: 09:45

**Heat: 2/9 Lane : 3 Athlete: MOORS LIAM** — **Q-time: 99:99:99**

**PB (25m pool): no time** — **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | *no time* | | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:3, starttime: 09:50

**Heat: 3/9 Lane : 7 Athlete: BAELEN SIEBE** — **Q-time: 99:99:99**

**PB (25m pool): no time** — **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | *no time* | | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:6, starttime: 10:05

**Heat: 6/9 Lane : 6 Athlete: BALLET EMILE** — **Q-time: 03:09:63**

**PB (25m pool): 03:09.63 Hasselt 04/05/2025** — **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:43.61 | | 01:32.91 | | 02:22.20 | | 03:09.63 |
| | *00:43.61* | | *00:49.30* | | *00:49.29* | | *00:47.43* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:7, starttime: 10:09

**Heat: 7/9 Lane : 6 Athlete: JANSSEN THIBE** — **Q-time: 02:57:00**

**PB (25m pool): 02:58.55 3500 Hasselt 23/11/2025** **PB (50m pool):** 02:57.00 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:39.39 | | 01:25.15 | | 02:12.12 | | 02:58.55 |
| | | *00:39.39* | | *00:45.76* | | *00:46.97* | | *00:46.43* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:8, starttime: 10:13

**Heat: 8/9 Lane : 4 Athlete: BIRLOGEANU LUCA** — **Q-time: 02:40:33**

**PB (25m pool): 02:35.10 Hasselt 04/10/2026** **PB (50m pool):** 02:41.74 **SB:** 02:35.10 Hasselt 04/10/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:34.07 | | 01:13.24 | | 01:54.20 | | 02:35.10 |
| | | *00:34.07* | | *00:39.17* | | *00:40.96* | | *00:40.90* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:8, starttime: 10:13

**Heat: 8/9 Lane : 6 Athlete: DEGRAEN DIEGO** — **Q-time: 02:47:74**

**PB (25m pool): 02:47.74 3500 Hasselt 23/11/2025** **PB (50m pool):** 03:05.30 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:37.86 | | 01:21.12 | | 02:04.59 | | 02:47.74 |
| | | *00:37.86* | | *00:43.26* | | *00:43.47* | | *00:43.15* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:8, starttime: 10:13

**Heat: 8/9 Lane : 7 Athlete: VERTESSEN WOUT** — **Q-time: 02:48:62**

**PB (25m pool): 02:46.56 Hasselt 04/10/2026** **PB (50m pool):** 02:51.96 **SB:** 02:46.56 Hasselt 04/10/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:37.20 | | 01:19.68 | | 02:04.45 | | 02:46.56 |
| | | *00:37.20* | | *00:42.48* | | *00:44.77* | | *00:42.11* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:9, starttime: 10:16

**Heat: 9/9 Lane : 2 Athlete: BAELEN TOBE** — **Q-time: 02:35:38**

**PB (25m pool): 02:35.38 3500 Hasselt 23/11/2025** **PB (50m pool):** 02:40.82 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:34.62 | | 01:14.99 | | 01:55.76 | | 02:35.38 |
| | | *00:34.62* | | *00:40.37* | | *00:40.77* | | *00:39.62* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 3: 200M BREASTSTROKE MEN 11+ — Heat:9, starttime: 10:16

**Heat: 9/9 Lane : 8 Athlete: CLAES PEPIJN** — **Q-time: 02:40:04**

**PB (25m pool): 02:36.83 Hasselt 04/10/2026** **PB (50m pool):** 02:42.96 **SB:** 02:36.83 Hasselt 04/10/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:34.83 | | 01:14.85 | | 01:56.75 | | 02:36.83 |
| | | *00:34.83* | | *00:40.02* | | *00:41.90* | | *00:40.08* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:3, starttime: 11:03

**Heat: 3/12 Lane : 1 Athlete: SIMONS FENA** — **Q-time: 03:25:52**

**PB (25m pool): 03:25.52 Aarschot 26/04/2026** **PB (50m pool):** 03:32.08 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:45.71 | | 01:37.30 | | 02:38.66 | | 03:25.52 |
| | | *00:45.71* | | *00:51.59* | | *01:01.36* | | *00:46.86* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:3, starttime: 11:03

**Heat: 3/12 Lane : 4 Athlete: CREMER EVIANNA** — **Q-time: 03:11:14**

**PB (25m pool): 03:11.14 Aarschot 26/04/2026** **PB (50m pool):** 03:14.92 **SB:** 03:16.19 Hasselt 04/10/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:43.59 | | 01:31.48 | | 02:29.23 | | 03:11.14 |
| | | *00:43.59* | | *00:47.89* | | *00:57.75* | | *00:41.91* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:3, starttime: 11:03

**Heat: 3/12 Lane : 6 Athlete: OOMS CéLIA** — **Q-time: 03:18:38**

**PB (25m pool): 03:18.38 Zwembad De Motte 20/06/2026** **PB (50m pool):** 03:23.90 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:45.29 | | no time | | no time | | 03:18.38 |
| | | *00:45.29* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:4, starttime: 11:07

**Heat: 4/12 Lane : 3 Athlete: BREBELS MAARTJE** — **Q-time: 03:08:43**

**PB (25m pool): 03:11.04 Bree 16/02/2025** **PB (50m pool):** 03:08.43 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:45.09 | | no time | | no time | | 03:11.04 |
| | | *00:45.09* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:4, starttime: 11:07

**Heat: 4/12 Lane : 8 Athlete: POEL OONA** — **Q-time: 03:11:02**

**PB (25m pool): 03:03.87 Hasselt 04/10/2026** **PB (50m pool):** 03:13.11 **SB:** 03:03.87 Hasselt 04/10/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:40.61 | | 01:26.38 | | 02:21.79 | | 03:03.87 |
| | | *00:40.61* | | *00:45.77* | | *00:55.41* | | *00:42.08* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:5, starttime: 11:11

**Heat: 5/12 Lane : 2 Athlete: CLAESKENS LINA** — **Q-time: 03:02:05**

**PB (25m pool): 03:00.85 Bree 18/02/2024** **PB (50m pool):** 03:02.64 **SB:** 03:13.56 Pelt 27/09/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | 03:00.85 |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:5, starttime: 11:11

**Heat: 5/12 Lane : 3 Athlete: MEYERS TRAPMAN ANNALINA** — **Q-time: 03:01:75**

**PB (25m pool): 03:01.75 Aarschot 26/04/2026** **PB (50m pool):** 03:04.94 **SB:** 03:04.39 Pelt 27/09/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:41.31 | | 01:26.34 | | 02:19.43 | | 03:01.75 |
| | | *00:41.31* | | *00:45.03* | | *00:53.09* | | *00:42.32* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:5, starttime: 11:11

**Heat: 5/12 Lane : 4 Athlete: MOORS NORA** — **Q-time: 03:00:16**

**PB (25m pool): 03:00.16 Pelt 27/09/2026** **PB (50m pool):** 03:17.43 **SB:** 03:00.16 Pelt 27/09/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:42.10 | | no time | | no time | | 03:00.16 |
| | | *00:42.10* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:5, starttime: 11:11

**Heat: 5/12 Lane : 6 Athlete: BEERTEN FLORENCE** — **Q-time: 03:01:79**

**PB (25m pool): 03:01.79 Hasselt 12/10/2025** **PB (50m pool):** 03:07.49 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:43.45 | | no time | | no time | | 03:01.79 |
| | | *00:43.45* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:5, starttime: 11:11

**Heat: 5/12 Lane : 7 Athlete: MOONS CHARLINE** — **Q-time: 03:06:10**

**PB (25m pool): 03:03.31 Hasselt 04/10/2026** **PB (50m pool):** 03:07.99 **SB:** 03:03.31 Hasselt 04/10/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:43.08 | | 01:29.22 | | 02:23.13 | | 03:03.31 |
| | | *00:43.08* | | *00:46.14* | | *00:53.91* | | *00:40.18* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:6, starttime: 11:15

**Heat: 6/12 Lane : 2 Athlete: MOONS AURéLIE** — **Q-time: 02:57:84**

**PB (25m pool):** 02:57.84 Pelt 27/09/2026 **PB (50m pool):** no time **SB:** 02:57.84 Pelt 27/09/2026

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:41.42 | | no time | | no time | | 02:57.84 |
| | | *00:41.42* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:6, starttime: 11:15

**Heat: 6/12 Lane : 3 Athlete: LIMONTA-SCULL OFELIA** — **Q-time: 02:56:40**

**PB (25m pool):** 02:56.40 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:59.83 **SB:** no time

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:39.30 | | 01:27.00 | | 02:16.20 | | 02:56.40 |
| | | *00:39.30* | | *00:47.70* | | *00:49.20* | | *00:40.20* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:7, starttime: 11:18

**Heat: 7/12 Lane : 3 Athlete: VANBRABANT MANON** — **Q-time: 02:50:67**

**PB (25m pool):** 02:50.67 Arendonk 31/05/2026 **PB (50m pool):** 03:26.92 **SB:** no time

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:38.38 | | no time | | no time | | 02:50.67 |
| | | *00:38.38* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:7, starttime: 11:18

**Heat: 7/12 Lane : 7 Athlete: ARDU PEPPA JOLENE** — **Q-time: 02:52:03**

**PB (25m pool):** 02:52.03 Lommel 22/02/2026 **PB (50m pool):** 02:58.34 **SB:** no time

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:35.89 | | no time | | no time | | 02:52.03 |
| | | *00:35.89* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:8, starttime: 11:22

**Heat: 8/12 Lane : 1 Athlete: NIJS ALANI** — **Q-time: 02:49:68**

**PB (25m pool): 02:44.01 Hasselt 04/10/2026** — **PB (50m pool):** 02:51.38 **SB:** 02:44.01 Hasselt 04/10/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:34.08 | | 01:16.66 | | 02:05.40 | | 02:44.01 |
| | | *00:34.08* | | *00:42.58* | | *00:48.74* | | *00:38.61* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:8, starttime: 11:22

**Heat: 8/12 Lane : 6 Athlete: CREMER FOTINI** — **Q-time: 02:47:09**

**PB (25m pool): 02:43.68 Hasselt 04/10/2026** — **PB (50m pool):** 02:47.09 **SB:** 02:43.68 Hasselt 04/10/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:36.23 | | 01:17.53 | | 02:06.13 | | 02:43.68 |
| | | *00:36.23* | | *00:41.30* | | *00:48.60* | | *00:37.55* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:10, starttime: 11:28

**Heat: 10/12 Lane : 3 Athlete: CUIJVERS LISA** — **Q-time: 02:38:51**

**PB (25m pool): 02:38.10 Beringen 05/03/2023** — **PB (50m pool):** 02:40.05 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | 02:38.10 |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:11, starttime: 11:31

**Heat: 11/12 Lane : 3 Athlete: MOORS YANA** — **Q-time: 02:35:91**

**PB (25m pool): 02:35.91 Bree 16/02/2025** — **PB (50m pool):** 02:42.24 **SB:** 02:39.04 Hasselt 04/10/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:36.13 | | no time | | no time | | 02:35.91 |
| | | *00:36.13* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:11, starttime: 11:31

**Heat: 11/12 Lane : 4 Athlete: POEL MAREN** — **Q-time: 02:35:22**

**PB (25m pool): 02:31.76 Hasselt 04/10/2026** — **PB (50m pool):** 02:36.08 **SB:** 02:31.76 Hasselt 04/10/2026

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:33.47 | | 01:13.00 | | 01:57.13 | | 02:31.76 |
| | | *00:33.47* | | *00:39.53* | | *00:44.13* | | *00:34.63* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:12, starttime: 11:35

**Heat: 12/12 Lane : 1 Athlete: RENETTE LENA** — **Q-time: 02:34:83**

**PB (25m pool): 02:34.83 Aarschot 26/04/2026** — **PB (50m pool):** 02:42.69 **SB:** no time

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:32.68 | | 01:11.88 | | 02:00.48 | | 02:34.83 |
| | | *00:32.68* | | *00:39.20* | | *00:48.60* | | *00:34.35* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:12, starttime: 11:35

**Heat: 12/12 Lane : 2 Athlete: FREDERIX MAYA** — **Q-time: 02:31:18**

**PB (25m pool): 02:30.49 3500 Hasselt 24/11/2024** — **PB (50m pool):** 02:33.70 **SB:** no time

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:31.70 | | 01:11.09 | | 01:56.84 | | 02:30.49 |
| | | *00:31.70* | | *00:39.39* | | *00:45.75* | | *00:33.65* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:12, starttime: 11:35

**Heat: 12/12 Lane : 4 Athlete: VERTESSEN FRAN** — **Q-time: 02:23:73**

**PB (25m pool): 02:23.73 Gent 09/11/2025** — **PB (50m pool):** 02:26.39 **SB:** 02:26.18 Hasselt 04/10/2026

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:30.65 | | 01:08.83 | | 01:50.39 | | 02:23.73 |
| | | *00:30.65* | | *00:38.18* | | *00:41.56* | | *00:33.34* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 5: 200M MEDLEY WOMEN 11+ — Heat:12, starttime: 11:35

**Heat: 12/12 Lane : 8 Athlete: ENGELEN FLOOR** — **Q-time: 02:34:87**

**PB (25m pool):** 02:34.87 Hasselt 12/10/2025 **PB (50m pool):** 02:40.14 **SB:** no time

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:32.88 | | 01:13.43 | | 01:59.05 | | 02:34.87 |
| | | *00:32.88* | | *00:40.55* | | *00:45.62* | | *00:35.82* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 6: 200M MEDLEY MEN 11+ — Heat:2, starttime: 11:43

**Heat: 2/8 Lane : 2 Athlete: GRIETEN ARTHUR** — **Q-time: 03:22:06**

**PB (25m pool):** 03:22.06 Pelt 27/09/2026 **PB (50m pool):** 03:33.79 **SB:** 03:22.06 Pelt 27/09/2026

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:47.26 | | no time | | no time | | 03:22.06 |
| | | *00:47.26* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 6: 200M MEDLEY MEN 11+ — Heat:3, starttime: 11:47

**Heat: 3/8 Lane : 5 Athlete: HERMANS YESSE** — **Q-time: 02:48:51**

**PB (25m pool):** 02:48.51 Lommel 22/02/2026 **PB (50m pool):** 02:56.61 **SB:** 02:49.81 Hasselt 04/10/2026

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:37.07 | | no time | | no time | | 02:48.51 |
| | | *00:37.07* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 6: 200M MEDLEY MEN 11+ — Heat:3, starttime: 11:47

**Heat: 3/8 Lane : 8 Athlete: VANBRABANT NOAH** — **Q-time: 03:03:41**

**PB (25m pool):** 02:58.76 Hasselt 04/10/2026 **PB (50m pool):** 03:03.41 **SB:** 02:58.76 Hasselt 04/10/2026

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:40.19 | | 01:24.58 | | 02:17.66 | | 02:58.76 |
| | | *00:40.19* | | *00:44.39* | | *00:53.08* | | *00:41.10* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

## Event number: 6: 200M MEDLEY MEN 11+ — Heat:4, starttime: 11:50

**Heat: 4/8 Lane : 1 Athlete: VAN MELE GUNNAR** — **Q-time: 02:46:64**

**PB (25m pool):** 02:46.64 Aarschot 26/04/2026 **PB (50m pool):** 03:08.13 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:35.19 | | 01:18.96 | | 02:07.67 | | 02:46.64 |
| | | *00:35.19* | | *00:43.77* | | *00:48.71* | | *00:38.97* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 6: 200M MEDLEY MEN 11+ — Heat:5, starttime: 11:53

**Heat: 5/8 Lane : 5 Athlete: DEGRAEN DIEGO** — **Q-time: 02:34:79**

**PB (25m pool):** 02:34.79 Lommel 22/02/2026 **PB (50m pool):** 02:44.09 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:32.72 | | no time | | no time | | 02:34.79 |
| | | *00:32.72* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 6: 200M MEDLEY MEN 11+ — Heat:5, starttime: 11:53

**Heat: 5/8 Lane : 6 Athlete: LEMMENS LARS** — **Q-time: 02:36:04**

**PB (25m pool):** 02:36.04 Pelt 27/09/2026 **PB (50m pool):** 02:47.30 **SB:** 02:36.04 Pelt 27/09/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:33.93 | | no time | | no time | | 02:36.04 |
| | | *00:33.93* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 6: 200M MEDLEY MEN 11+ — Heat:5, starttime: 11:53

**Heat: 5/8 Lane : 8 Athlete: BALLET EMILE** — **Q-time: 02:39:05**

**PB (25m pool):** 02:29.81 Hasselt 04/10/2026 **PB (50m pool):** 02:40.86 **SB:** 02:29.81 Hasselt 04/10/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:32.52 | | 01:10.56 | | 01:55.21 | | 02:29.81 |
| | | *00:32.52* | | *00:38.04* | | *00:44.65* | | *00:34.60* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

**Event number: 6: 200M MEDLEY MEN 11+** — **Heat:7, starttime: 12:00**

**Heat: 7/8 Lane : 1 Athlete: THEUNISSEN TOON** — **Q-time: 02:25:04**

**PB (25m pool): 02:22.28 Hasselt 04/10/2026** **PB (50m pool):** 02:29.53 **SB:** 02:22.28 Hasselt 04/10/2026

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:29.97 | | 01:05.93 | | 01:49.75 | | 02:22.28 |
| | | *00:29.97* | | *00:35.96* | | *00:43.82* | | *00:32.53* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

**Event number: 6: 200M MEDLEY MEN 11+** — **Heat:7, starttime: 12:00**

**Heat: 7/8 Lane : 4 Athlete: BIRLOGEANU LUCA** — **Q-time: 02:19:98**

**PB (25m pool): 02:19.98 Lommel 22/02/2026** **PB (50m pool):** 02:23.94 **SB:** no time

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:30.06 | | no time | | no time | | 02:19.98 |
| | | *00:30.06* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

**Event number: 6: 200M MEDLEY MEN 11+** — **Heat:7, starttime: 12:00**

**Heat: 7/8 Lane : 8 Athlete: FREDERIX LOU** — **Q-time: 02:25:48**

**PB (25m pool): 02:23.47 Hasselt 04/10/2026** **PB (50m pool):** 02:25.64 **SB:** 02:23.47 Hasselt 04/10/2026

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:30.67 | | 01:08.19 | | 01:49.91 | | 02:23.47 |
| | | *00:30.67* | | *00:37.52* | | *00:41.72* | | *00:33.56* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

**Event number: 6: 200M MEDLEY MEN 11+** — **Heat:8, starttime: 12:02**

**Heat: 8/8 Lane : 5 Athlete: JORISSEN RUBE** — **Q-time: 02:13:54**

**PB (25m pool): 02:13.54 Hasselt 12/10/2025** **PB (50m pool):** 02:18.95 **SB:** 02:14.77 Hasselt 04/10/2026

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:29.31 | | 01:03.69 | | 01:41.99 | | 02:13.54 |
| | | *00:29.31* | | *00:34.38* | | *00:38.30* | | *00:31.55* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 1: COACH Evaluation sheet for TEAM: DBT

**Event number: 6: 200M MEDLEY MEN 11+** **Heat:8, starttime: 12:02**

**Heat: 8/8 Lane : 7 Athlete: CLAESKENS MILAN** **Q-time: 02:16:84**

**PB (25m pool): 02:16.84 Lommel 22/02/2026** **PB (50m pool):** 02:20.24 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:29.71 | | no time | | no time | | 02:16.84 |
| | | *00:29.71* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback: